

Clinical Preceptorship in OROFACIAL PAIN

An Eleven-Month Continuing Education Program (Includes information on 5½-Month Program)

OVERVIEW

This program is designed for the dentist who wishes to gain a scientific background and additional clinical training in the diagnosis and management of orofacial pain patients. Orofacial Pain (OFP) is a frequent form of pain perceived in the face and/or oral cavity. It may be caused by diseases or disorders of regional structures, dysfunction of the nervous system, or through referral from distant sources. Within the diagnostic range are neurovascular pain such as headaches, musculoskeletal, neurogenic, and pain of non-organic origin. Temporomandibular disorders (TMD), a collective term embracing a number of clinical problems specifically related to the masticatory musculature and/or the temporomandibular joints and associated structures are also included in the field of orofacial pain.

OUR PHILOSOPHY

To become competent in the practice of OFP, participants must gain a current working knowledge of basic and clinical science of general and orofacial pain, be competent to perform a proper assessment of patients including history taking, physical examination, and develop a management plan. The management plan must be evidence-based and consistent with standards of care set forth by scientific literature.

Evaluation and treatment of orofacial pain is often the shared responsibility of dentists and physicians, and a considerable overlap exists between the two professions that is distinguished only by the individual's knowledge and training. We believe training in oral medicine, which involves the diagnosis and primarily nonsurgical management of local diseases of the oral cavity and surrounding structures as well as oral manifestations of systemic disease provides an essential link between the dental and medical practitioner. Based on this philosophy, significant areas of oral medicine are incorporated into the OFP training programs enabling participants in this field to have a challenging opportunity to integrate and synthesize basic science and clinical knowledge and apply this information to the field of pain management.

PROGRAM DESIGN/OBJECTIVES

Participants are offered a collegial environment to accomplish their personal objectives. The curriculum is comprised of didactic assignments, clinical experience, medical and dental rotations, and teaching responsibilities. Different types of learning experiences include seminars, lectures, workshops, and self-study activities. Although there is considerable flexibility in the selection and sequencing of the didactic and clinical components, each participant is required to complete a series of courses and rotations designed to provide the necessary background for management of patients with orofacial pain. Included are basic science and oral biology courses designed to give the participant a strong scientific and analytical foundation necessary to understand orofacial pain and pain management. An important part of the program is clinical experience that comprises 50% of the participant's time.

SCHEDULE

- The eleven-month Clinical Preceptorship starts on July 1 each year; it runs from Mondays through Fridays, from 8 a.m. to 5 p.m. each day.
- Participants of the 11-month program are allowed eight (8) additional days off for personal or sick days.
- The five and one-half (5½) month program starts either July 1 or January 2 each year. Participants are allowed four (4) additional days off for personal or sick days. *This program may be converted to an eleven-month program. See tuition information for details.*
- Holidays and vacations coincide with the post-graduate schedule.
- The school may also close for severe weather events.

CRITERIA FOR SELECTION

Applicants should be dental professionals seeking to expand their experience and knowledge in the discipline of Orofacial Pain. A demonstrable interest in Orofacial Pain is desirable. All candidates should be available for an in-person interview prior to acceptance. A telephone interview will be granted if travel would impose a hardship. (See Admissions Requirements on page 5.)

COURSE COMPONENTS/DISCIPLINES

Requirements for the Clinical Preceptorship in Orofacial Pain are listed below and each requirement is briefly described on the following pages. Although a specific time period is allocated for each educational activity, the actual time listed is subject to change.

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| Dent 5010 | Foundations of Oral Biology |
| Dent 5020 | Foundations of Oral Biology |
| OFP 701 | Seminars in Orofacial Pain |
| OFP 702 | Clinical Management of Orofacial Pain |
| OFP 703 | Orofacial Pain Literature Review (Journal Club) |
| OFP 704 | Grand Rounds in Orofacial Pain |
| OFP 706 | Extramural Rotations |
| OM 801 | Oral Medicine Grand Rounds |
| OM 806 | Oral-Maxillofacial Radiology and Advanced Imaging |

Dent 5010 and 5020: Foundation of Oral Biology and Advanced Biomedical Science for Dentistry (74 hours):

These courses, which are a requirement for all postdoctoral graduate students, are given over a two-year period. Because the Program is only one year, participants have the option of choosing from any of the courses listed below depending upon scheduling and possible conflicts.

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|--|----------|
| Head and Neck Anatomy | 14 hours |
| Pain / Neuroscience..... | 12 hours |
| Pathobiology | 14 hours |
| Orofacial Pain Disorders | 8 hours |
| Clinical Pharmacology and Therapeutics | 14 hours |

OFP 701: Seminars in Orofacial Pain (60 hours):

This seminar focuses primarily on diagnosis and management of temporomandibular disorders, musculoskeletal disorders of the head and neck, neurovascular disorders, and neuropathic pain disorders.

OFP 702: Clinical Management of Orofacial Pain:

This provides the participant with clinical experience in the diagnosis and management of patients referred to the Orofacial Pain Center. As the participant progresses, he/she will obtain patient histories, perform examinations, and manage patients using various modalities. All clinical activities are under the direct supervision of the faculty. Clinical activity will comprise about 50% of the CE Fellowship Program.

OFP 703: Orofacial Pain Literature Review (Journal Club):

This weekly seminar consists of an overview of current scientific literature relating to the fundamental of pain and pain management as well as orofacial pain. Each participant will be responsible for a specific reading assignment and will lead the seminar. An informal seminar setting is used to encourage stimulating discussion from all participants.

OFP 704: Orofacial Pain Grand Rounds:

The OFP fellows present all new and ongoing patients seen in the clinic every Wednesday morning in an open discussion with the faculty. Emphasis is on diagnosis and management strategies with all clinical decisions validated and supported by the scientific literature.

OM 801 Oral Medicine Literature Review:

This weekly seminar consists of an overview of the current scientific literature relating to oral medicine. An informal seminar setting is used to encourage stimulating discussion from all the participants.

OFP 706: Extramural Rotations:

Participants are assigned to various clinical rotations to gain exposure in various specialized areas including Physical Medicine and Rehabilitation, Headache Management, Neurology, Pain Management. Each rotation generally runs about two to three months and involves a half-day per week.

EVALUATION OF PARTICIPANT

For satisfactory completion of the program, the Participant must:

- Complete attendance requirements of the program.
- Demonstrate didactic and clinical knowledge in Orofacial Pain as determined by the director and attending faculty in the Division of Orofacial Pain.

FACILITIES

The Rutgers School of Dental Medicine is located on the Rutgers Biomedical and Health Sciences Newark Campus. The medical and dental schools, graduate school of biomedical sciences, and University Hospital are grouped together on an attractive campus with convenient private parking.

FACULTY**Department of Diagnostic Sciences****Division of Orofacial Pain****GARY M. HEIR, DMD – Program Director**

Professor and Director,
Center for TMD & Orofacial Pain

STEVEN R. SINGER, DDS

Chair and Professor,
Department of Diagnostic Sciences

CIBELE NASRI-HEIR, DDS, MSD,

Associate Professor,
Coordinator for Clinical Research

SOWMYA ANANTHAN, BDS, DMD, MSD

Assistant Professor

DAVIS THOMAS, DDS

Clinical Assistant Professor
Sleep Medicine

STANLEY MARKMAN, DDS

Clinical Assistant Professor

OLGA KORCZENIEWSKA, PhD, BA

RBHS Instructor

ADMISSION REQUIREMENTS

- Have a DDS/DMD degree or its equivalent from an accredited dental school.
- Payment of non-refundable applicant fee of \$200 U.S. (*This can be paid online, see website for link.*)
- Submission of a completed application form, including:
 - Documentation of your Objectives and Goals (see page 3 of the form).
 - Curriculum Vitae (attach or insert a small photo if available).
- Verified copies from your dental school of your Transcript and Dental School Diploma.
- Two to three original Letters of Recommendation (see page 4 of this form).
- Applicants with foreign degrees will be considered based upon an evaluation of their academic credentials. Submit an original Evaluation Report from one of the following:
 - Educational Credential Evaluators (ECE - preferred) –or- World Education Services (WES).
 - We recommend you request a report showing a breakdown by courses.*
- Applicants with English as a second language must attain a TOEFL score of 80 or higher; or an International English Language Testing System (IELTS) overall score of 6 or greater.
 - Submit an original report.
- Graduate Record Examination (GRE) and National Board scores are not required, but may be submitted in support of the application.
- Attend a personal interview when possible.
- Be a citizen or a permanent resident of the United States, or a foreign national with a visa status acceptable to the CE program.

Deadline for submission of application: See website.

Further Requirements

Upon notification of preliminary acceptance into the program, the applicant will also be required to:

- Pay a non-refundable deposit within 10 business days of notification. The formal acceptance letter is sent when the deposit is received. *See "Tuition" on next page for more details.*
- Submit Health and Immunization Forms per University policy ("Student Immunization and Health Requirements.") Due three months prior to start date of program.
- Submit Cardio Pulmonary Resuscitation (CPR) certification for BLS that will be valid for duration of program.
- Be cleared by a Background Check; an additional fee is required for this.
- Provide proof of Health Insurance from a U.S. based company. Insurance must remain active for full duration of the program.
- Licensed U.S. Dentists provide proof of Liability Insurance.

Due to time constraints and other obligations, all correspondence from us is done by email.

If you need to contact us, please use our email address: cde@sdm.rutgers.edu.

TUITION (for the current Academic Year)

- ◆ For all programs the balance of tuition is due one month prior to the start date of that program.

The eleven-month Clinical Preceptorship tuition is a total of \$30,000 (US). Some additional fees and expenses may be applicable. A non-refundable deposit of \$3,500 is required to hold your place in the program; payment must be received within 10 business days of the pre-acceptance notification. The balance of the tuition (\$26,500) is due one month prior to the start date of the program.

The 5½-month program tuition will be a total of \$15,300 (US) for the initial five and one-half months. Some additional fees and expenses may be applicable. A non-refundable deposit of \$2,000 is required to hold your place in the program; payment must be received within 10 business days of the pre-acceptance notification. *With permission from the program director, this program may be converted into an eleven-month program; the additional tuition will be \$15,100 (US) for the additional 5½ months.*

CANCELLATION POLICY

To participate in this program you must be pre-registered with the Office of Continuing Dental Education. No refunds of any tuition paid will be made after program has started.

CREDIT HOURS

The **eleven-month Clinical Preceptorship** offers a unique opportunity for didactic and hands-on clinical experience in the Department of Diagnostic Sciences, Division of Orofacial Pain. It is a non-matriculated, continuing dental education program. If participant completes the program as designed, they will earn 1,430 continuing education (C.E.) credit hours.

The **5½-month** program offers the same opportunities but on a reduced level due to the shorter duration. Participants, upon satisfactory completion of the program, will earn 715 continuing education credit hours.

HOW TO APPLY**Submit completed application to:**

Rutgers School of Dental Medicine
Continuing Dental Education
110 Bergen Street, B701
Newark, NJ 07103

Email: cde@sdm.rutgers.edu

Website: <https://cde.sdm.rutgers.edu/clinical-preceptorship-programs/>